



Special Needs Trust  
Serving Virginia, MD & DC

The Arc of Northern Virginia  
3060 Williams Drive, Suite 300, Fairfax, VA 22031  
Phone: 703-208-1119; Fax: 703-208-0906  
[www.thearcfnovatrust.org](http://www.thearcfnovatrust.org)

## RECURRING Disbursement Request Form

Beneficiary Name: \_\_\_\_\_ Participant #: \_\_\_\_\_

Check Payee: \_\_\_\_\_ Account #: \_\_\_\_\_

Mail Check to: \_\_\_\_\_  
\_\_\_\_\_

Payment Amount: \$ \_\_\_\_\_

Check Memo:  
(i.e. Account #) \_\_\_\_\_

Purpose of Request: \_\_\_\_\_

<p><b>Frequency:</b> Please check one and specify payment due date:</p> <p><input type="checkbox"/> Yearly: _____</p> <p><input type="checkbox"/> Every 6 months: _____</p> <p><input type="checkbox"/> Quarterly: _____</p> <p><input type="checkbox"/> Monthly: _____</p> <p><input type="checkbox"/> Other: _____</p>
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Does the Beneficiary Receive - Medicaid?  Yes  No  
- SSI?  Yes  No

**Remember: SSI Recipients may not use their trusts to pay for food, shelter or direct reimbursement.**

**Please enclose copies of bills, statements, training invoices or receipts.**

**NOTE:**

Each business day, Disbursement Requests are processed in the order in which they are received by The Foundation of The Arc of Northern Virginia. Complete and legible Disbursement Requests with sufficient supporting documentation will be approved within 5 business days of receipt. Emergency situations will be addressed individually.

Generally, once The Arc sends the Disbursement Request to the Trustee, the Trustee will process the DR, then print and mail the check to the Payee within 5 business days.

Disbursement requests may require additional review and/or documentation. Certain expenses may require prior submission to and denial by a government agency to be considered a legitimate supplementary expense.

The Foundation of The Arc of Northern Virginia has sole discretion regarding disbursements for the Beneficiary.

Requested By (print): \_\_\_\_\_ Phone/Email: \_\_\_\_\_

Title (if appropriate): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*By signing this form, the Primary Representative is certifying:*

1. He/she is authorized to approve Disbursement Requests on behalf of the Beneficiary;
2. This Disbursement Request is for the sole benefit of the Beneficiary;
3. The Beneficiary was alive at the time the expense was incurred (for SF trusts only);
4. The Beneficiary will follow SSI and Medicaid rules for reporting changes in income within 10 business days.

ARC ONLY: \_\_\_\_\_ FIXED or VARIABLE

Approved Date: \_\_\_\_\_

Disapproved: Reason \_\_\_\_\_ Date: \_\_\_\_\_

Pending: Reason \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_